

# Mini Crazy Carts

## Operating Policy

**Last Revised On:** 07.01.2019  
**Qualification:** Trained and assessed by in2action.

### Location and Site Specification

- A suitable area with no obstructions or hazards.
- Adequate space for the size of the group and nature of the game.
- Defined hard surface area either indoor or outdoor.

### Equipment

- Suitable equipment specific to the games being played must be used. (crazy carts, helmets, balance bag & equipment)
- Helmets must be uniquely coded and inspections need to be logged on a monthly basis.
- Crazy carts must be uniquely coded and inspections need to be logged on a monthly basis.

### Pre-Activity:

- Ensure area to be used is appropriate and free of hazards.
- Session must be set up in accordance with training given.
- All equipment should be checked to ensure that it is suitable for use (Check carts for loose nuts and bolts, especially on wheels and steering mechanisms; check overall for any damage).

### During Activity:

- Participants checked to ensure they are wearing suitable footwear, which is closed toe and attached securely to the foot.
- Participants checked to ensure they have removed jewellery and objects from pockets.
- Participants checked to ensure that they have removed any dangly accessories such as scarves.
- Long hair should be tied back.
- A warm up must take place before the participants begin the carts session.
- Any equipment not in use must be placed in a safe area.
- Ensure waiting participants/spectators are shown a safe area to watch.
- The staff member must explain and demonstrate the correct techniques for each skill.
- Skills must follow a natural progression allowing participants to develop throughout the session.
- The staff member must show the participants how to steer, how to stop and how to free wheel.
- Participants checked to ensure they are wearing helmets, kneepads and elbowpads correctly.
- The minimum age limit for a mini crazy cart is 3 years.
- The maximum weight limit is 20kgs/ 3 stone 1 pound.
- The staff member must give a safety brief, to include:
  - Not putting their feet and hands down at any time when the cart is moving
  - Stopping in good time to prevent running into other carts
  - Helmets to be worn at all times when on the crazy cart
  - Spectators must stand well clear of the track at all times & adult spectators must be vigilant.
  - Turning the Cart off before entering or exiting the Cart.
- The staff member must remain vigilant at all times making sure that all participants stay within the boundaries of the activity.
- The staff member must explain the dangers of equipment and emphasise the need for spacing out while on the track/ in the activity area.
- Competitions must be relevant to the groups/individuals age and ability.
- The staff member must remain vigilant and ensure participants are using the equipment in the correct manner.

**Post Activity:**

- The Carts must be put on charge so that they are ready for the next session.
- The equipment must be checked and secured in a safe place.
- Activity area must be left tidy and ready for next session.