

# Airboards

## Operating Policy

**Last Revised On:** 02.01.2019  
**Qualification:** Externally trained and assessed by in2action.

**Age Restrictions:** 8yrs+

### Location and Site Specification

- A flat concrete court style surface with no obstructions or hazards.
- Adequate space for the size of the group and nature of the skills being taught.

### Equipment

- Suitable equipment specific to the games being played must be used. (Airboards, knee pads, elbow pads, wrist guards, helmets, cones, obstacles)
- All equipment must be uniquely coded and inspections need to be logged on a monthly basis.
- All participants must wear an appropriately sized helmet, knee pads, elbow pads and wrist guards.

### Pre Activity:

- Ensure area to be used is appropriate and free of hazards.
- Session must be set up in accordance with training given.
- All equipment should be checked to ensure that it is suitable for use.
- Airboards must be sufficiently charged to last the duration of the session
- *All guests taking part must have read and understood the health disclaimer before agreeing to take part in the activity.*

### During Activity:

- Participants checked to ensure they are wearing suitable footwear which is secured to the foot and has a flat sole.
- Long hair must be tied back, jewellery removed and objects removed from pockets.
- A warm up must take place before the participants begin the session.
- Any equipment not in use must be placed in a safe area.
- All participants must read and agree to the following disclaimer (this must be enforced by the staff member too):
  - **Airboarding is potentially dangerous and may cause serious injury. I engage in these activities at my own risk.**
  - The Airboard has a maximum weight allowance of 15 1/2 stone/ 100kg.
  - No one under the age of 8yrs can participate.
  - Long hair must be tied back, jewellery removed and objects removed from pockets.
  - Participants must be wearing suitable footwear which is secured to the foot and has a flat sole.
  - Participants must obey all of the operator's instructions.
  - Participants must be shadowed (aided by another participant) until the staff member is confident of your ability.
  - Please make the staff member aware of any medical conditions that affect your ability to take part in this activity.
  - Helmets are compulsory by ALL Users of the Airboard, and will be provided by the Airboard instructing team. All users will be required to wear appropriate protective equipment, including knee and elbow pads. Wrist pads must be worn while riding.
  - All participants must ride within their ability.
  - Participants who disregard rules or act in a manner that is dangerous or inappropriate may be asked to leave the activity.
  - Participants cannot take part with gum or food in their mouth, or if under the influence of drugs or alcohol.
  - You must not ride if you are pregnant, have any back or neck problems or have had an operation within the past twelve months

- The staff member must explain and demonstrate the correct techniques for each skill.
- The staff member must brief the group on the role of the 'shadows'
- Staff members must be extra vigilant with beginners.
- Skills must follow a natural progression allowing participants to develop throughout the session.
- Participants checked to ensure they are wearing all PPE correctly and monitored throughout the session.
- The staff member must remain vigilant at all times making sure that all participants stay within the boundaries of the activity.
- The staff member must let all participants know when they are to move around the obstacles.
- The staff member must explain the dangers of equipment and emphasis the need for spacing out while practicing skills.
- Competitions must be relevant to the groups/individuals age and ability.
- The staff member must remain vigilant and ensure participants are using the equipment in the correct manner.

**Post Activity:**

- The equipment must be checked and secured in a safe and secure place.
- Airboards to be put on charge for the next session.
- Activity area must be left tidy and ready for next session.