

Balance Bikes

Generic Risk Assessment

Hazard	Risk	Who is Affected?	Action Taken	Risk After			Risk Rating
				S	L	T	
Participants	Collisions with other participants causing concussion, bruises or abrasions	Participants	<ul style="list-style-type: none"> Ensure participants are spaced apart when activity takes place. Ensure there is good participant control during the session. Brief participants not to bump into other participants. Brief participants to be aware and considerate of smaller participants. Show waiting participants/spectators a safe area to watch from. Brief participants to stay in designated area. Remain vigilant. 	2	1	2	Low
Faulty Equipment	Injury due to equipment breaking and hitting someone e.g. bruises, cuts and abrasions	Participants, In2action Staff	<ul style="list-style-type: none"> Check equipment prior to and during the session. 	2	1	2	Low
Equipment	Misuse of equipment leading to injuries due to being hit e.g. bruises, cuts and abrasions	Participants, In2action Staff	<ul style="list-style-type: none"> Brief participants on the correct usage of the equipment. Remain vigilant to ensure participants are using equipment as briefed. Participants to be adequately spaced out before using equipment. 	2	1	2	Low
	Collisions causing bruises, cuts & abrasion	Participants, In2action Staff	<ul style="list-style-type: none"> Place any equipment not in use in a safe area. 	2	1	2	Low
Surfaces	Hard, uneven or slippery surfaces causing slips, trips and falls	Participants, In2action Staff	<ul style="list-style-type: none"> Check area for hazards before session. Check participants are wearing suitable footwear. 	3	1	3	Low

Obstacles	Collisions causing trips and falls, leading to cuts, abrasions	Participants	<ul style="list-style-type: none"> Participants must wear PPE (helmets) when riding the Balance Bikes. Ensure the PPE is fitted correctly. 	3	1	3	Low
Jewellery/Objects in Pockets	Injuries due to falling onto objects or entrapment of jewellery	Participants	<ul style="list-style-type: none"> Check participants have removed jewellery and objects from pockets. 	2	1	2	Low
Over-exertion	Muscle strains	Participants	<ul style="list-style-type: none"> Ensure a thorough warm-up is carried out prior to the activity starting. 	3	1	3	Low
Weather	Risk of sunburn, heat exhaustion and dehydration; or hyperthermia during activity	Participants, In2action Staff	<ul style="list-style-type: none"> Ensure regular water breaks are taken. If it is hot, ensure participants wear sun cream and hats and there is a shaded area available. If it is cold, ensure participants are wearing suitable clothing to keep warm. 	3	1	3	Low
Insufficient warm up	Muscle sprain or strain	Participants	<ul style="list-style-type: none"> All participants must carry out a thorough and appropriate warm up prior to taking part in the activity. 	3	1	3	Low
Lost Child	Lack of supervision leading to injuries	Participants	<ul style="list-style-type: none"> Carry out regular head counts and remain vigilant at all times. During a signed in activity, the Generic Kids Club Operating Policy to be followed for signing in and out, and walkabouts. 	3	1	3	Low